

Inuyama Multilingual News

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English Version

Let's live a good life!

Due to the influence of the new coronavirus, we are spending more time at home, and many people lack exercise. Let's exercise to improve our health.

Radio Taiso ("Radio Exercise")



Radio Taiso is a simple exercise anyone can do at home. In Japan, This is a very familiar program on TV and radio through school education and so it is widely known by all ages from children to the elderly.

Let's exercise our whole body with the music to improve blood flow. Exercise improves health in many ways. It's good for weight loss and beautifies the skin. Doing gymnastics can also relax you.

The program is broadcast on *NHK E-tere* every day starting at 6:25 a.m. and on *NHK Radio Daiichi* from 6:30 a.m. You can also watch it on YouTube (<https://www.youtube.com/watch?v=feSVtC1BSeQ>).

Walking Event "Chokotto Aruko Inuyama"



Chokotto Aruko Inuyama are recurring walking tours through parts of Inuyama that are full of history and culture. The walks will last about 1 hour. Participation is free and no preregistration is necessary. Please arrive at the meeting place by 10 a.m. The staff, who will be wearing pink outfits will be waiting for you.

Date	Course	Meeting Place
11/30(Tue)	Naritasan	Meiomon Nanto Jyari Chusyajo (https://mapio.net/pic/p-31446690/)
12/15(Wed)	Owari Ryoudo	Kisogawa Inuyama Ryokuchi Koen Kodomohiroba (https://www.city.inuyama.aichi.jp/shisetsu/koukyoshisetsu/1006233/1006236.html)
2/1(Tue)	Nakajimaike	Inuyama Shimin Kenkokan (Sara Sakura) Daiichi Chuusyajo (https://www.city.inuyama.aichi.jp/kurashi/1000224/1000289/1002613/1000300.html)
3/2(Wed)	Jyokamachi	Inuyama East Exit In front of Karakuri Dokei

Onsen (Hot Spring) · Sento (Public Bath)



Have you ever been to an onsen? Hot springs are effective in maintaining and improving your health because of the healthy ingredients contained in the water. It is also very relaxing to soak in a large hot spring bath. There are also public bathhouses in town where you can easily feel like you are in a hot spring. There is also a hot spring called *Sara Sakura no Yu* at the Citizen's Health Center in Inuyama (<https://www.city.inuyama.aichi.jp/shisetsu/koukyoshisetsu/1001383/1001585.html>). You can also enjoy an outdoor bath and sauna. Reception is open from 10:00 a.m. to 8:00 p.m. and the fee is 520 yen. The bath is closed on Mondays.



Some Useful Information in Case of Illness or Injury

(Quoted from *Support Guidebook for Enjoying a Safe and Secure Life in Aichi Prefecture*)

Support for Foreign Languages

- When searching for a hospital

1. *Aichi Medical Information Net* (<https://iryojoho.pref.aichi.jp/>)



※ You can search for hospitals that provide services in foreign languages.

2. *Aichi Emergency Medical Guide* (<https://www.qq.pref.aichi.jp/>)



※ You can search for emergency hospitals that provide services in foreign languages.

- When you want to tell us about your illness in your own language

1. *Multilingual Medical Questionnaire* (<https://www.kifjp.org/medical/>)



※ There is a medical questionnaire that allows you to tell about your illness in your own language.

2. "Aichi Medical Interpretation System" (<http://www.aichi-iryoku-tsuyaku-system.com/>)



※ This service provides interpretation support for medical treatment in response to requests from hospitals.

※ The number of hospitals that can use this service is limited. Please check the web page or call the hospital.

Traffic Rules Quiz

Do you know the traffic rules for bicycles? Which side of the road should we ride on? How do we cross an intersection? What about rainy days? You may enjoy learning the rules of the road with this traffic safety quiz video.



Chinese



English



Spanish



Indonesian



Portuguese



Tagalog



Vietnamese



Japanese



What Foreign Workers Think: "It would be nice if we could respect each other."



Mr. Topan Dwi Suciyanto

Construction, 2nd year



Mr. Doan Ba Hoang

Stone quarrying, 3rd year



Have you had any difficulties in Japan?

Hoang : I studied a lot of Japanese, but pronunciation was different, so I couldn't understand conversations at all at first. That caused a problem at work. My boss was always upset with me. I also had trouble sorting garbage and getting on and off the train. I made many mistakes. However, when I asked, people were kind to teach me. I also missed my family.

Topan : I had problems with Japanese language. I studied hiragana, katakana, and kanji before I came here, but Japanese people speak very fast. I couldn't understand for three months. If you can speak Japanese, you can solve a lot of problems. Also, I didn't know Japanese manners, so I was sometimes impolite in voicing my opinion about things, both good and bad. My boss helped me learn about good manners.

Is there anything you would like to suggest to make it easier for you to work for yourselves?

Topan : I want to do my best, so if I make a mistake, I hope people will be understanding. When someone is angry with me, I lose confidence. Even if I make a couple mistakes, I would like them to respect that I am trying to do the best I can.

Hoang : I want them to teach me without getting angry. I want everyone to respect my opinion while we work hard together. Sometimes I don't agree about some things, but I would like everyone to respect my opinion as we work hard together. I hope we can respect each other.

What do you find most rewarding about your work?

Topan : Even though I am busy, I am happy when I can achieve my goals. I think the people I work with are happy, too.

Hoang When there was a problem, I was happy when everyone was able to solve it with my suggestion. My goal is to become an important person in the company.

Is there anything else you want to learn besides Japanese?

Topan : I want to learn about Japanese culture and manners. I want to study it while living in Japan.

Hoang : I have been living in Japan for two years, but I don't know much about Japanese culture and life. I've never been to a Japanese home and I don't know anything about that at all, so I would like to visit one.

I realized that even though they work with Japanese people, they do not live with them, so it is natural that they don't understand our customs and culture. Interviewed by Aiko Tsuji at Inuyama International Association September 2021

Multicultural Exchange Cafe

This is a place where foreigners and Japanese can talk in a casual atmosphere. Everyone is welcome to join, regardless of nationality.

- Date: Nov. 14, 2021 (Sunday) 1PM to 3PM
- Place: Inuyama Community Center, Freude Room 204 · 205
- Fee: 300 yen (200 yen for Member of Inuyama International Association)
- Availability: First 30 people (About 15 Foreigners, 15 Japanese)
- Reservations: Email the address below with name, contact information, and nationality by November 11 (Thursday)

Apply at: iia@grace.ocn.ne.jp

Introducing a student working hard to learn in the Inuyama Japanese Language Classroom



Mr. Guen Chun Hui
Nationality: Vietnam
Arrival to Japan: March 2020
Occupation: Website development, systems design, inspection and maintenance of electrical systems



I'd like to share what I experienced when I first arrived at Japan. Prior to coming to Japan, I had studied Japanese Language for 4 months. Since I studied so hard, I was confident in my Japanese and I thought I would be able to manage daily life in Japan, but I was wrong. After coming to Japan, I found that I was not able to understand Japanese people's speech in Japanese.

It was painful for me to see a 3-year-old child speaking Japanese better than me and it was very stressful. I was very lucky that my colleagues were kind and helped me quite a bit. When I see a Japanese word that is new to me, they will enthusiastically explain to me what the word means.

I made new friends in my Japanese language class and I am improving my Japanese ability day by day. I will keep studying Japanese with my friends whom I met in the Japanese Class. My long-term dream is to return to Vietnam and to start my own shop. I want to realize my dream within 5 years.

Have Fun Learning about Japanese Onomatopoeia

Do you know what onomatopoeia is? Onomatopoeia is word that describes something by trying to imitate the sound it makes. If you learn onomatopoeia, you will be able to make your speech better. Try it!

• Peko-peko: When you are hungry



• Niko-niko: A happy smile



• Waku-waku: A feeling of excitement and expectation



• Pika-pika: Something that is glossy or shiny



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